

June 24, 2022

The context for this [short audio tape](#) of a discussion in Cohort 2 is as follows:

We watched short video clips of three actors being asked to feel vulnerable as they're photographed. For our purposes, we presumed that these three actors were our new clients. The video clips were approximately 60-90 seconds. We watched each video clip twice.

We took notes as to what we observed, sensed, and thought. Then we wrote down: "What is the first thing that you would say to each client?"

People shared their thoughts in break-out rooms. Then we all watched the video clips again.

You are listening to excerpts from what cohort members shared in response to the first young man.

Our focus that week had been on honing your body as a trustworthy instrument of subtle perception.