

Mentoring Level I November 8, 2022

[Meditation - contact and connection – receiving compassion](#)

[Kirsten – resourcing in the midst of challenge](#)

[John – how my journey of musical creativity is supported by the Realization Process](#)

[Marijana – my unfolding journey of coming home](#)

[Katherine – trusting of the unseen world](#)

[Downloadable Zoom recordings available through December 15, 2023](#)